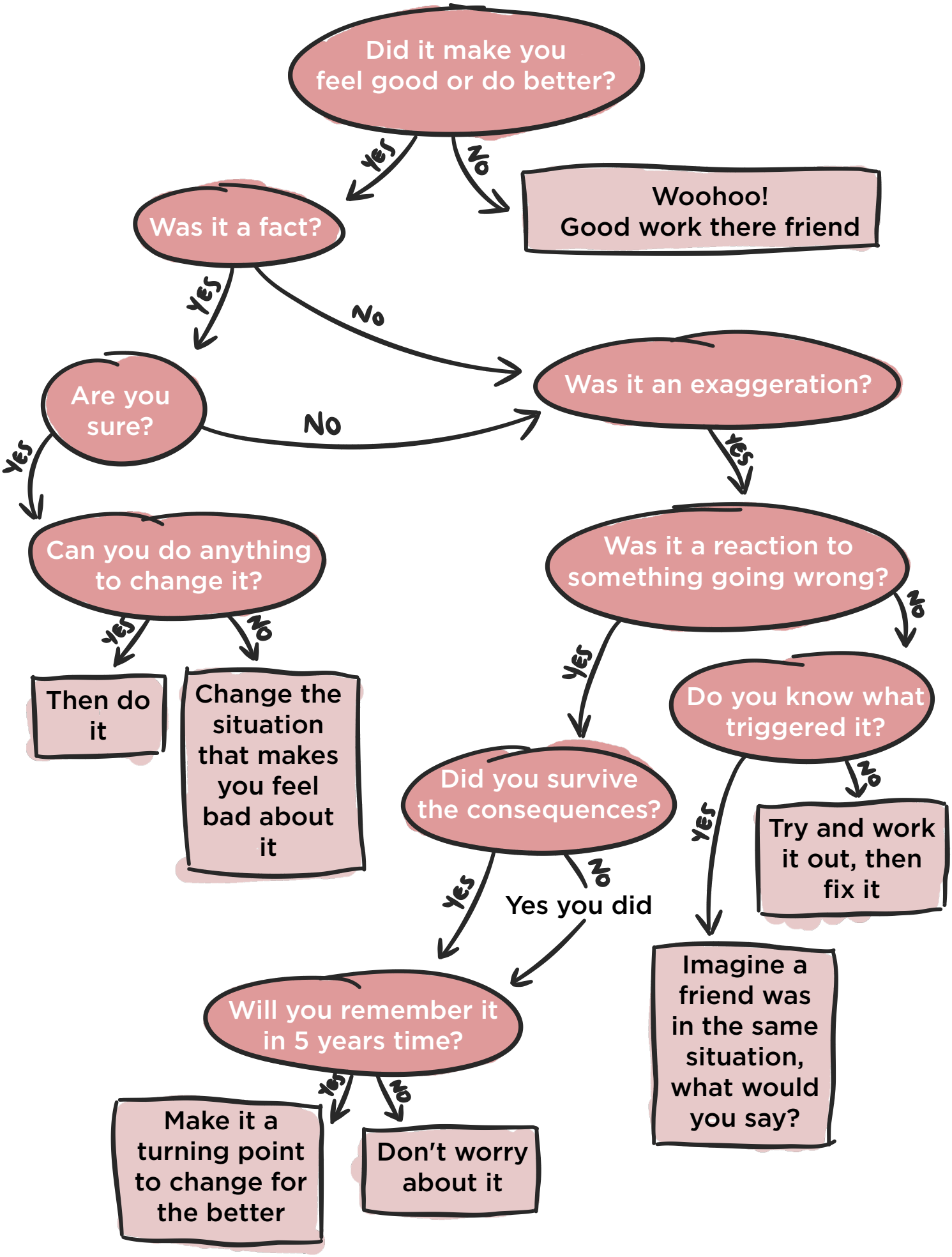So, you said something negative to yourself...